

Anti-Depression Kit

- ♥ Eraser: A reminder that we all make mistakes, but we can wipe the slate clean.
- ♥ Penny: Save this and you will never be broke again.
- ♥ Marble: To keep you rolling along.
- ♥ Rubber Band: To keep you bouncing back and flexible.
- ♥ Candle: To light up the darkness.
- ♥ Tissue: For drying your tears.
- ♥ Toothpick: To pick out the good in others including yourself.
- ♥ Cotton Ball: For the rough roads ahead.
- ♥ Confetti: To add some sparkle to your life.
- ♥ Lifesaver: To remind you of the many times others need your help and you need theirs.
- ♥ Rainbow: A reminder that after every storm comes a rainbow.
- ♥ Paper Clip: To hold everything together when it falls apart.
- ♥ A Hug & Kiss: To remind you that someone cares about you!

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