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| **Anti-Depression Kit*** Eraser: A reminder that we all make mistakes, but we can wipe the slate clean.
* Penny: Save this and you will never be broke again.
* Marble: To keep you rolling along.
* Rubber Band: To keep you bouncing back and flexible.
* Candle: To light up the darkness.
* Tissue: For drying your tears.
* Toothpick: To pick out the good in others including yourself.
* Cotton Ball: For the rough roads ahead.
* Confetti: To add some sparkle to your life.
* Lifesaver: To remind you of the many times others need your help and you need theirs.
* Rainbow: A reminder that after every storm comes a rainbow.
* Paper Clip: To hold everything together when it falls apart.
* A Hug & Kiss: To remind you that someone cares about you!
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