|  |  |
| --- | --- |
| **Anti-Depression Kit**   * Eraser: A reminder that we all make mistakes, but we can wipe the slate clean. * Penny: Save this and you will never be broke again. * Marble: To keep you rolling along. * Rubber Band: To keep you bouncing back and flexible. * Candle: To light up the darkness. * Tissue: For drying your tears. * Toothpick: To pick out the good in others including yourself. * Cotton Ball: For the rough roads ahead. * Confetti: To add some sparkle to your life. * Lifesaver: To remind you of the many times others need your help and you need theirs. * Rainbow: A reminder that after every storm comes a rainbow. * Paper Clip: To hold everything together when it falls apart. * A Hug & Kiss: To remind you that someone cares about you! | **Anti-Depression Kit**   * Eraser: A reminder that we all make mistakes, but we can wipe the slate clean. * Penny: Save this and you will never be broke again. * Marble: To keep you rolling along. * Rubber Band: To keep you bouncing back and flexible. * Candle: To light up the darkness. * Tissue: For drying your tears. * Toothpick: To pick out the good in others including yourself. * Cotton Ball: For the rough roads ahead. * Confetti: To add some sparkle to your life. * Lifesaver: To remind you of the many times others need your help and you need theirs. * Rainbow: A reminder that after every storm comes a rainbow. * Paper Clip: To hold everything together when it falls apart. * A Hug & Kiss: To remind you that someone cares about you! |
| **Anti-Depression Kit**   * Eraser: A reminder that we all make mistakes, but we can wipe the slate clean. * Penny: Save this and you will never be broke again. * Marble: To keep you rolling along. * Rubber Band: To keep you bouncing back and flexible. * Candle: To light up the darkness. * Tissue: For drying your tears. * Toothpick: To pick out the good in others including yourself. * Cotton Ball: For the rough roads ahead. * Confetti: To add some sparkle to your life. * Lifesaver: To remind you of the many times others need your help and you need theirs. * Rainbow: A reminder that after every storm comes a rainbow. * Paper Clip: To hold everything together when it falls apart. * A Hug & Kiss: To remind you that someone cares about you! | **Anti-Depression Kit**   * Eraser: A reminder that we all make mistakes, but we can wipe the slate clean. * Penny: Save this and you will never be broke again. * Marble: To keep you rolling along. * Rubber Band: To keep you bouncing back and flexible. * Candle: To light up the darkness. * Tissue: For drying your tears. * Toothpick: To pick out the good in others including yourself. * Cotton Ball: For the rough roads ahead. * Confetti: To add some sparkle to your life. * Lifesaver: To remind you of the many times others need your help and you need theirs. * Rainbow: A reminder that after every storm comes a rainbow. * Paper Clip: To hold everything together when it falls apart. * A Hug & Kiss: To remind you that someone cares about you! |